

# ORARI CORSI REFORMER ALPINI 2022-2023



FUSIONPILATES

BODY & MIND

LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
10.30-11.25 REFORMER INTERMEDIO	9.30-10.25 GRANDI ATTREZZI	9.30-10.25 GRANDI ATTREZZI	9.30-10.25 REFORMER TRAINING	9.30-10.25 GRANDI ATTREZZI	
11.00-11.55 GRANDI ATTREZZI	10.30-11.25 GRANDI ATTREZZI	11.30-12.25 REFORMER INTERMEDIO			10.30-11.25 REFORMER INTERMEDIO
		12.30-13.25 GRANDI ATTREZZI			
13.00-13.55 REFORMER INTERMEDIO	13.00-13.55 REFORMER TRAINING	14.00-14.55 GRANDI ATTREZZI	13.00-13.55 REFORMER TRAINING	13.00-13.55 REFORMER INTERMEDIO	
17.00-17.55 REFORMER BASE	16.05-17.00 GRANDI ATTREZZI	17.00-17.55 REFORMER INTENSE	17.00-17.55 REFORMER TRAINING	16.30-17.25 GRANDI ATTREZZI	
18.00-18.55 GRANDI ATTREZZI	17.00-17.55 REFORMER INTERMEDIO	18.00-18.55 REFORMER INTERMEDIO	18.00-18.55 REFORMER INTERMEDIO	17.30-18.25 GRANDI ATTREZZI	
19.00-19.55 REFORMER INTERMEDIO	18.00-18.55 GRANDI ATTREZZI	19.00-19.55 REFORMER INTERMEDIO	19.00-19.55 REFORMER TRAINING	18.30-19.25 REFORMER TRAINING	
20.00-20.55 GRANDI ATTREZZI	19.00-19.55 REFORMER INTERMEDIO	20.00-20.55 REFORMER INTERMEDIO	20.00-20.55 GRANDI ATTREZZI		

CENTRO FANTONI: (Sale 1 e 2 REFORMER) Via Andrea Fantoni, 5 - BERGAMO

SALA CAMOZZI: Passaggio dei caninici lateranensi, 1 - BERGAMO

CENTRO ALPINI: Via Quinto Alpini, 6a - BERGAMO

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